

# EAST PALO ALTO



**Second Harvest Food Bank**  
Food Connection (call first)  
Assistance applying to CalFresh  
T: 1-800-984-3663



**CalFresh Assistance Services**  
(CalFresh = SNAP = Food Stamps)  
**El Concilio Emergency Social Services**  
2396 University Ave, East Palo Alto  
650-330-7432

**Human Services Agency**  
2415 University Ave, East Palo Alto T: 650-363-4218  
**Ravenswood Family Health Center**  
1885 Bay Road, East Palo Alto T: 650-330-7400

## HOT MEAL PROGRAMS

### East Palo Alto Library

Drop in, no cost  
Hot meals for everyone  
2415 University Avenue, East Palo Alto  
T: 650-321-7712  
HOURS: Monday-Friday: 3:30 PM-4:30 PM  
Children served at 3:30  
Adults served at 3:35

### Ecumenical Hunger Program

Drop in, no cost  
Hot meals for everyone  
2411 Pulgas Avenue, East Palo Alto  
T: 650-323-7781  
HOURS: Tuesday & Friday: 12 PM-2 PM

### St. Francis of Assisi Church –SVDP Program provided by Ecumenical Hunger Program and EPA Kiwanis Club

Drop in, no cost  
Hot meals for everyone  
1425 Bay Road, East Palo Alto  
T: 650-323-7781  
HOURS: Wednesday: 5:00 PM-6:00 PM

### East Palo Alto Senior Center

Drop in, \$1 - \$3.50 per meal (varies per day)  
Food for Seniors 60 and over or 55 with disability  
Food for those under 60 has \$6.50 fee  
560 Bell Street, East Palo Alto  
T: 650-329-5900  
HOURS: Monday-Friday: 8-10 AM (Breakfast) & 11:30-1 PM (Lunch)

### Runnymede Gardens Apartments

Individual, referral or request  
Meals on Wheels collaboration  
For senior residents of apartment complex (62 years and older)  
ONLY  
Call First Food for Senior Residents 60 and over or 55 with disability  
2301 Cooley Avenue, East Palo Alto  
T: 650-323-1106  
HOURS: Assigned upon eligibility assessment

## FOOD PANTRY & GROCERY PROGRAMS

### Church of Christ

Drop in, no cost  
Food for pick up for everyone 18+  
1215 Laurel Avenue, East Palo Alto  
T: 650-322-0853  
HOURS:  
• Tuesday: 7:45 PM-9 PM (fresh produce)  
• Wednesday: 9:30 AM-7 PM (pick up extra produce if available)  
• Thursday: 3:00 PM-6:30 PM (meats, canned goods, eggs, etc.)

### Project WeHOPE / Kids NOW

Drop in, no cost  
Food for pick up, available to families with children 18 or younger  
1199 East Bayshore Road, East Palo Alto (Saint Samuel Church)  
T: 650-779-4632  
HOURS: Thursday: 2 PM-4 PM (fresh produce, canned goods)

### Ecumenical Hunger Program

Drop in, no cost  
Food pantry program for everyone  
2411 Pulgas Avenue, East Palo Alto  
T: 650-323-7781  
HOURS  
• Mon, Wed, Thurs & Fri: 10 AM-12 PM & 2:30-4:30 pm  
• 1st & 3rd Saturday: 11 AM-1 PM (*Summer Saturdays may vary*)

### Ravenswood City School District – School Pantry

Drop in, no cost  
Food for pick up for everyone  
2120 Euclid Avenue, East Palo Alto  
T: 650-329-2800  
HOURS: Monday-Friday: 8 AM - 4 PM

### Costano Elementary– School Pantry

Drop in  
Food for pick up for everyone  
2695 Fordham Street, East Palo Alto  
T: 650-329-2800  
HOURS: 2nd & 4th Saturday: 9 AM-11:30 AM

# MENLO PARK



## CalFresh Assistance Services:

(CalFresh = SNAP = Food Stamps)

### El Concilio Emergency Social Services

2396 University Ave, East Palo Alto  
650-330-7432

### Human Services Agency

2415 University Ave, East Palo Alto  
T: 650-363-4218

### Ravenswood Family Health Center

1885 Bay Road, East Palo Alto  
650-330-7400



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## HOT MEAL PROGRAMS

### Street Life Ministries

Drop in, no cost

Hot meals for everyone

1120 Merrill Street, Menlo Park (Menlo Park Train Station)

T: 650-241-8865

HOURS: Tuesday & Thursday: 7:15 PM-9:45 PM

### St. Anthony's Padua Dining Room

Drop in, no cost

Hot meals for everyone

3500 Middlefield Road, Menlo Park

T: 650-365-9664

HOURS

• Monday-Saturday: 11 AM-1 PM

## FOOD PANTRY & GROCERY PROGRAMS

### Garfield Elementary School Produce Mobile

Drop in, no cost (bring own bag/box)

Food for pick up for everyone: Produce ONLY

3600 Middlefield Road, Menlo Park

T: 650-369-3759

HOURS:

2nd Tuesday 3 PM -5 PM (new clients @ 3 PM) (families with children/adults under 26 years)

4th Thursday: 2 PM-4 PM (new clients @ 2 PM)

(single individuals, elderly people)

\*Food distribution takes place in the Cafeteria-Year round.

### Willow Oaks Elementary Produce Mobile

Drop in, no cost (bring own bag/box)

Food for pick up for everyone: Produce ONLY

620 Willow Road, Menlo Park

T: 650-390-4817

HOURS: 1st Saturday: 9:30 AM-11 AM (*program does not run June- September*)

*\*new clients should come in at 9:30 AM*

### Onetta Harris Community Center Produce Mobile

Drop in, no charge (bring own bag/box)

Food for pick up for everyone: Produce ONLY

100 Terminal Avenue, Menlo Park

T: 650-330-2250

HOURS: 2nd Tuesday: 3:30 PM-5:30 PM

*\*new clients should come in at 3:30 PM*

# REDWOOD CITY



**Second Harvest Food Bank**  
Food Connection (call first)  
Assistance applying to CalFresh  
T: 1-800-984-3663

**CalFresh Assistance Services:**  
(CalFresh = SNAP = Food Stamps)

**Fair Oaks Clinic**  
2710 Middlefield Road, Redwood City  
T: (650) 578-7141

**Human Services Agency**  
2415 University Ave, East Palo Alto  
T: 650-363-4218

**Ravenswood Family Health Center**  
1885 Bay Road, East Palo Alto  
650-330-7400

## HOT MEAL PROGRAMS

### St. Vincent De Paul - Homeless Meal Program

Drop in, no charge  
113 South B St, San Mateo, CA  
T: 650-343-4403  
HOURS: Monday - Friday: 9:45 AM - 11:45 AM

### Street Life Ministries

Drop in, no charge  
Hot meals for everyone  
1300 Middlefield Road, Redwood City  
T: 650-241-8865  
HOURS: Monday & Wednesday: 7:15 PM - 9:45 PM

### Food Assistance

Drop in, no charge, for low income families ONLY.  
Enrollment necessary.  
2600 Middlefield Rd. Redwood City (Fair Oaks Community Center)  
T: (650) 780-7500  
HOURS: 2nd Friday of month 3:30 PM-6:30 PM

### Sandwiches on Sunday

Drop in, no charge, homeless individuals ONLY.  
2600 Middlefield Rd. Redwood City (Fair Oaks Community Center)  
T: (650) 780-7500  
HOURS: Sunday: 11 AM- 1 PM

## FOOD PANTRY & GROCERY PROGRAMS

### Salvation Army

Drop in, no charge, for everyone  
One-time registration required at office (see address below)  
660 Veteran's Boulevard Redwood City  
T: 650-368-4643  
HOURS: 1st & 3rd Thursday: 9 AM - 11:30 AM

### Family Harvest Food Program - St. Francis Center

Drop in, no charge, for families ONLY  
One-time registration required at office (see address below)  
101 Buckingham St. Redwood City  
T: 650-365-7829  
HOURS: Monday - Friday: 1 PM - 3 PM  
Closed for the last two weeks of July and the first two weeks of August

### Catholic Worker House

Drop in, no charge (bring own bag/box)  
545 Cassia St. Redwood City  
T: 650-366-4415  
HOURS: Friday: 10:45 AM-11:20 am

### Family Harvest Program - Hawes Elementary School

Drop in, no charge, for families ONLY  
One-time registration required  
909 Roosevelt Avenue, Redwood City  
T: 650-482-2407  
HOURS: 2nd & 4th Wednesday: 4 PM-5 PM

### Hoover Community School Produce Mobile

Drop in, no charge, for everyone  
701 Charter Street, Redwood City  
T: 650-482-2408  
HOURS: 1st Tuesday: 4:30 PM (runs year long)  
\*new clients should come in at 4:30 PM